



Basics of CU Health Plans

Quick-link resources

Please bookmark the website cu.edu/benefits in your browser for future reference. CU is paperless, so this website is where you can access important information on your benefits.

General resources

[Comprehensive Benefits Package Guide for Faculty & University Staff](#)

[Plan and Vendor Contact Information](#)

[Comprehensive Benefits Package Guide for Classified Staff](#)
[New Hire Fact Sheet](#)

[Rate Sheet](#)

Medical Plans

[Medical Plan Comparison Chart](#)

Exclusive	HMO network – Find a Doctor Resources: Plan Summary , Plan Booklet , Preventative Care Guidelines , Routine Eye Exam Information
Extended	PPO network- Find a Doctor Resources: Plan Summary , Plan Booklet , Preventative Care Guidelines
High Deductible	PPO network- Find a Doctor Resources: Plan Summary , Plan Booklet , Preventative Care Guidelines
Kaiser	EPO network – Find a Doctor Resources: Plan Summary , Plan Booklet , Preventative Care Guidelines

[Anthem Pharmacy Benefits](#)
[Kaiser Pharmacy Benefits](#)

Dental Plans

[Dental Plans Comparison Chart](#)

Essential Dental	PPO network- Find a Dentist Resources: Plan Summary , Plan Booklet , Right Start for Kids Program
Choice Dental	<i>Choose between:</i> PPO network, Premier network, Non-participating – Find a Dentist Resources: Plan Summary , Plan Booklet , Right Start for Kids Program

Optional Vision Plan

Vision	Find a Doctor Resources: Plan Summary , Plan Booklet
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Have a question? We can help. Contact your CU benefits professionals.

Phone: 303-860-4200, option 3

- Toll-free: 1-855-216-7740, option 3
- Para Español, escoja 4
- Hours: 8:30 a.m. to 5 p.m.
- Email: benefits@cu.edu